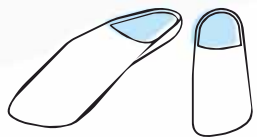


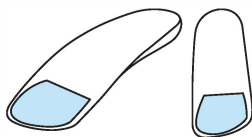
# Accommodation Options

## PADS



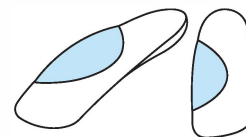
### Heel Cushion

Poron cushioning of the entire heel area.



### Met Bar

1/8" poron to protect the met heads and offer cushioning and support.



### Arch Pad

1/8" poron that is skived to be flush with the shell. Increases arch with soft support.



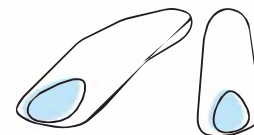
### Horseshoe Pad

Poron horseshoe shape for padding around the heel. This is used to offload center of heel.



### Hole in Heel

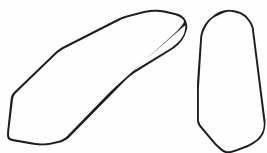
This is a hole drilled out of the shell and filled with a Poron plug. This allows cushioning for the heel without adding bulk to the device.



### Met Pad

Poron pad skived and raised in the center. Helps with specific offloading for neuromas and metatarsalgia. Poron makes this pad comfortably effective.

## CUT OUTS



### 1st Ray Cut Out

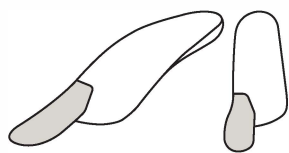
This is designed to assist the first ray to drop on the push off phase of gait. It is a mild cut out while still keeping the medial side of the orthotic in tact.



### 1st Ray Cut Out Cuneiform

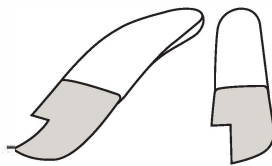
This is a more aggressive approach to drop the first ray. Dropping the first ray can be an effective approach to plantar fasciitis.

## EXTENSIONS



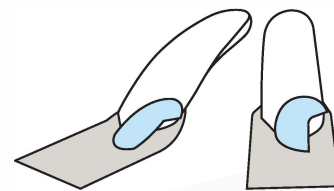
### Morton's Extension

This can be made from different materials. A common material is a Corex blend that offers medium control. This helps with Hallux Rigidus during push off.



### Morton's Extension Reverse

This is used to promote motion for Hallus Limitus. This is a similar idea to a first ray cut out, but we add 1/8" corex to sulcus.



### Dancer Pad

This shifts weight away from the big toe joint and the sesamoids. We use poron to get comfort and rebound.